

Redbridge Pregnancy Advisory Service
 Maple Suite
 King George Hospital
 Barley Lane, Ilford
 Essex IG3 8YB

T: 0845 077 2250
 E: info@smpclinic.co.uk
 W: www.smpclinic.co.uk

Public Transport Routes to Redbridge Pregnancy Advisory Service at King George Hospital

By Bus:

Buses 173, 362, 387 and 396 come into King George Hospital.

Bus 66 serves Eastern Avenue which is about a 5 to 10 minute walk from hospital with a footpath directly into the back of the hospital.

By Train:

The nearest train station is Goodmayes (no disabled access) and it serves London Liverpool Street, Ilford, Romford, Harold Wood, Colchester and Southend.

From Goodmayes Station:

The station is around 15 minutes walk from the hospital. The 387 bus is on the opposite site of the road from the station and comes into the hospital.

By Tube:

The nearest tube stations are Dagenham Heathway (District line) then 173 bus, or Newbury Park (Central line) then 396 bus into King George Hospital.

More information

National Rail Enquiries: 08457 48 49 50 www.nationalrail.co.uk
 Bus and Tube Enquiries: 08432 22 12 34 www.tfl.gov.uk
 BHRUT Travel Enquiries: 01708 435 000 ext 6638 www.bhrhospitals.nhs.uk
 All TfL buses have low level access with space for wheelchairs and pushchairs.

Suggested Routes to King George Hospital from....

<p>Aveley 372 bus to Hornchurch then 193 or 252 bus to Romford Station then 86 bus to Chadwell Heath (Sainsbury's) then 173 or 362 bus into hospital OR Train from Romford to Goodmayes then 387 bus into hospital.</p>	<p>Gidea Park Train to Goodmayes then 387 bus into hospital. OR 294 or 496 bus to Romford Station then 86 bus to Chadwell Heath Sainsbury's then 173 or 362 bus into hospital,</p>
<p>Barking 387 bus into hospital OR Tube to Dagenham Heathway then 173 bus into hospital.</p>	<p>Goodmayes 387 bus into hospital</p>
<p>Barkingside 150 or 167 bus to Ilford then 396 bus into hospital OR Train from Ilford to</p>	<p>Hainault 362 bus into hospital OR 247 bus to Romford Station then train to Goodmayes then 387 bus into hospital.</p>

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Goodmayes then 387 bus into hospital.	
Brentwood 498 bus to Romford Station then train to Goodmayes then 387 bus into hospital OR 86 bus from Romford Station to Chadwell Heath (Sainsbury's) then 173 or 362 bus into hospital.	Harold Hill 174 bus to Romford Station then train to Goodmayes then 387 bus into hospital OR 174 or 294 bus to Romford then 86 bus to Chadwell heath Sainsbury's then 173 or 362 bus into hospital.
Buckhurst Hill 167 bus to Ilford then 396 bus into hospital OR Tube to Newbury Park then 396 bus into hospital.	Harold Wood Train to Goodmayes then 387 bus into hospital OR 294 or 496 bus to Romford Station then 86 bus to Chadwell Heath Sainsbury's then 173 or 362 bus into hospital
Chadwell Heath 173 or 362 bus into hospital.	Hornchurch 193 or 252 bus to Romford Station then train to Goodmayes then 387 bus into hospital OR Tube to Dagenham Heathway then 173 bus into hospital.
Chigwell 150 or 167 bus to Ilford then 396 bus into hospital OR Train from Ilford to Goodmayes then 387 bus into hospital.	Ilford 396 bus into hospital OR Train to Goodmayes then 387 bus into hospital.
Claybury 128 bus to Ilford then 396 bus into hospital OR Train from Ilford to Goodmayes then 387 bus into hospital.	London Train from Liverpool Street to Goodmayes then 387 bus into hospital OR Tube to Dagenham Heathway then 173 bus into hospital
Collier Row 247 bus to Hainault Forest then 362 into hospital OR 252, 294 or 365 bus to Romford Station then Train to Goodmayes then 387 bus into hospital.	Newbury Park 396 bus into hospital.

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<p>Cranham 248 bus to Hornchurch then Tube to Dagenham Heathway then 173 bus into hospital.</p>	<p>Ockendon 370 bus to Romford Station then train to Goodmayes then 387 bus into hospital.</p>
<p>Dagenham East 364 bus or Tube to Dagenham Heathway then 173 bus into hospital</p>	<p>Queen's Hospital 128 bus to Lord Napier PH (Green Lane) then 387 bus into King George Hospital. OR 175 bus to Dagenham Heathway then 173 bus into hospital OR 128,175, 193, 365, 496,498 or 499 bus to Romford Station then train to Goodmayes then 387 bus into hospital OR 86 bus from Romford Station to Chadwell Heath Sainsbury's then 173 or 362 bus into hospital</p>
<p>Dagenham Heathway 173 bus into hospital</p>	<p>Rainham 287 bus to Barking then 387 bus into hospital.</p>
<p>Elm Park Tube to Dagenham Heathway then 173 bus into hospital OR 365 bus to Romford then train to Goodmayes then 387 bus into hospital.</p>	<p>Redbridge 66 bus or Tube to Newbury Park then 396 bus into</p>
<p>Gants Hill 396 bus into hospital.</p>	<p>Upminster 248 or 370 bus to Romford Station then train to Goodmayes then 387 bus into hospital OR 86 bus from Romford Station to Chadwell Heath Sainsbury's then 173 or 362 bus into hospital.</p>